



# Maternity Onto Motherhood

## HSHS St. Joseph's Hospital Highland Providing Women's Health Services

Maternity Onto Motherhood (MOM) program will help prepare expectant mothers for the arrival of their new baby. HSHS St. Joseph's Hospital Highland partners with its sister hospital HSHS St. Joseph's Hospital Breese to provide expectant mothers with quality care for mom and baby, with access to prenatal testing and education in Highland in the Sullivan Conference Room.

### Services offered:

- Prenatal Ultrasounds & Biophysical Profiles
- Laboratory Testing
- Glucose Tolerance Testing (one and three hour)
- Fetal Non Stress Tests (NST)
- Lactation Consulting by Board Certified Lactation Consultants
- MOM for Moms Group in the Sullivan Conference Room:  
*Second Wednesday of every month @ 7 p.m.*  
*Come with your little ones and enjoy education and fellowship.*
- Spring & Fall 2019 Education classes:  
**Prepared Childbirth:**  
*February 19 & 26, 2019 from 7 - 9 p.m.*  
*October 1 & 8, 2019 from 7 - 9 p.m.*  
**Breastfeeding:**  
*February 28, 2019 from 7 - 9 p.m.*  
*October 17, 2019 from 7 - 9 p.m.*  
**Know Your Newborn:**  
*March 7, 2019 from 7 - 9 p.m.*  
*October 24, 2019 from 7 - 9 p.m.*



Melissa Pellizzarro at 618-526-5488  
or [Melissa.Pellizzarro@hshs.org](mailto:Melissa.Pellizzarro@hshs.org).